



**Request for Restriction and/or Confidential Communications**

The undersigned individual or individual’s personal representative hereby requests:

- Restriction of use and disclosure of protected health information;
- Removal of restriction of use and disclosure of protected health information; or
- Confidential communications

Individual Name \_\_\_\_\_

Social Security Number \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax Number \_\_\_\_\_  
*(include area code)* *(include area code)*

Effective Date \_\_\_\_\_

**RESTRICTION/REMOVAL OF RESTRICTION**

*Matria is not required to agree to requests for restrictions, however, we will consider all reasonable requests.*

Describe the request for a restriction or for removal of a restriction:

\_\_\_\_\_

Name of Individual or  
Personal Representative *(PLEASE PRINT)* \_\_\_\_\_

Signature of Individual or  
Personal Representative \_\_\_\_\_ Date \_\_\_\_\_  
*(If Personal Representative, include a description of authority to act for individual)*

Signature of Witness \_\_\_\_\_ Date \_\_\_\_\_

**CONFIDENTIAL COMMUNICATIONS**

Alternate Address \_\_\_\_\_

Alternate City/State/Zip \_\_\_\_\_

Alternate Telephone Number \_\_\_\_\_

Name of Individual or  
Personal Representative *(PLEASE PRINT)* \_\_\_\_\_

Signature of Individual or  
Personal Representative \_\_\_\_\_ Date \_\_\_\_\_  
*(If Personal Representative, include a description of authority to act for individual)*

Signature of Witness \_\_\_\_\_ Date \_\_\_\_\_

**Please submit this form directly to:**

Privacy Officer  
Matria Healthcare, Inc.  
1850 Parkway Place Suite 1200  
Marietta, GA 30067  
Fax Number: 770-767-4588

If you have any questions, please contact the Privacy Officer directly at 770-767-8191

*For Matria Use Only:* Date that this request was received by Matria \_\_\_\_\_  
Request Disposition \_\_\_\_\_ Approved \_\_\_\_\_ Denied